



THE TOWN CROWER

SONS IN RETIREMENT

North Peninsula Branch # 91

A NON-PROFIT ORGANIZATION FOR RETIRED MEN DEVOTED TO THE PROMOTION OF THE INDEPENDENCE AND DIGNITY OF RETIREMENT

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LUNCHEON 12 NOON 2ND Monday, VOL. 31, NO. 3

March 8, 2010

S.S.F. ELKS LODGE, 920 STONEGATE DR. S.S.F

PHONE NOS. LISTED IN THE BULLETIN ARE AREA CODE 650, UNLESS OTHERWISE NOTED.

BIG SIR CARL MARTZ Says:

I attended a meeting of all Big Sirs in our Area on Friday, February 19th, to discuss many items of interest for each Branch. The meeting was called by **Wayne Veatch**, Big Sir, San Francisco Branch 4.

It was decided that a copy of each Branch Bulletin would be sent to all Branch Big Sirs and Bulletin Editors. Also a copy of the Roster be sent to the Big Sir. It was suggested that members of each Branch be notified that they are welcome to partake in the activities of other Branches. Perhaps the Activities Chairmen of each Branch should get together and co-ordinate their activities.

The plan is to have a meeting 4 times this year. Our next meeting is May 14th. The general idea is to help each Branch to obtain the full benefit of belonging to SIR. If you have any ideas that would help in this endeavor, please send them to me.

Things in our Branch seem to be going in the right direction. Attendance was up slightly last month. The singing of "God Bless America" is becoming professional. Open seating is working fine. Prospective speakers, as reported by Little Sir **Gus Lopez** at our last meeting, look very promising. We, the Executive Committee and Officers are working to make our Branch one of the best in the Area. Help us all you can.

From LITTLE SIR Gus Lopez:

The speaker for March is **Amuary Pi-Gonzalez**, Vice President of the Hispanic Heritage Baseball Museum, Hall of Famer, and Oakland A's Spanish radio broadcaster. **Mr. Gonzalez** is an engaging speaker that I'm sure our audience will appreciate.

LUNCHEON MENUS

March 8, 2010 – Corned beef & Cabbage, Spinach Salad, Rainbow Sorbet.

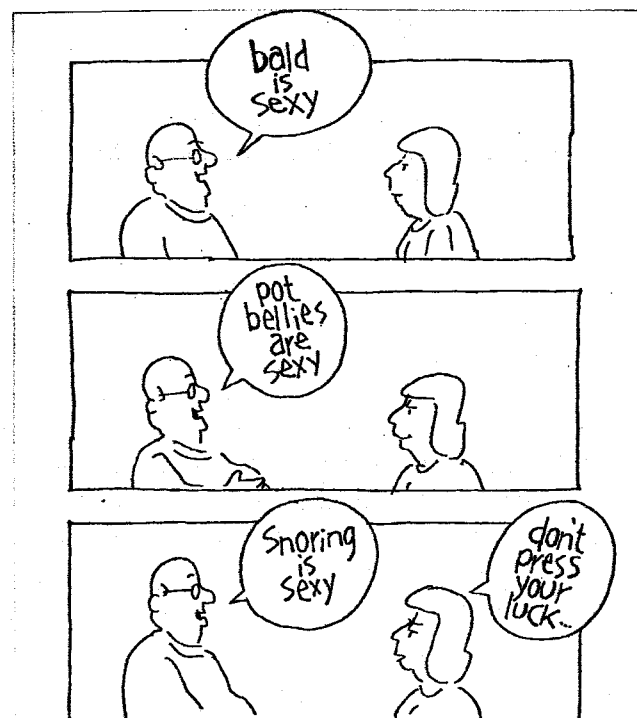
Alternate: Fruit Salad.

April 12, 2010 – Tri-Tip w/mushroom Sauce, Tossed Green Salad, Chocolate Cake.

Alternate: Chef's Salad

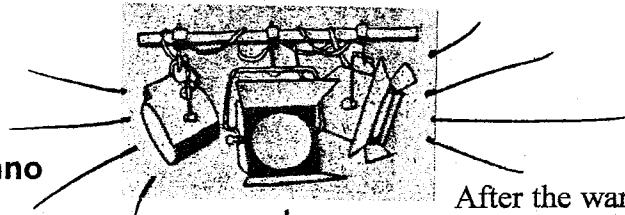
May 10, 2010 – Sliced Ham W/ Pineapple Sauce, Caesar Salad, Creampuffs..

Alternate: Chinese Chicken Salad.



A SIR PROFILE:

Spotlight on: Dan Capodanno



The best thing about being retired is that you don't have to live your life by the appointment book. You've worked all these years, and now it's time to relax, and to enjoy the rewards of hard work: traveling, spending more time with the family, volunteering, etc. Not to say that there are no responsibilities now – just to learn to “take it easy”, is a whole job by itself.

Dan has volunteered to be the Secretary to our Branch; as a new member on the board, we thought we'd like to interview him so that the membership at large could get to know him a little better, and to appreciate what his new duties will be in the organization.

Dan was born on September 29, 1943, in Philadelphia, Pennsylvania. He has no siblings because he lost his sister, five years older than he, to breast cancer. He attended St. Calistus Grammar School, St. Thomas More High School, and Villanova University, all in or near his home-town. In June 1965 he graduated with a major in Sociology.

Three important things happened to **Dan** during this time. One, he learned to play the piano-accordion when he was 6 years old, and to date, he has played this instrument for 60 years. Two, when he was 10 years old, he joined the Cub Scouts. This proved so satisfying that he is still involved with the organization. And, three, when he was a freshman in high school, he had the opportunity to travel to Havana, on a four-day-musical-good-will tour. This was the first time that **Dan** had been out of the country, and he was struck by the poverty of Latin America.

After graduation from college, his first job was Correctional Counselor at a prison in Graterford, Pennsylvania, and the spectrum of his duties ran from working with people who were new to the prison system, to serious offenders waiting on death row. He worked there for four years, with a 19 month hiatus when he was drafted into the Army and sent to Vietnam. He was 24 years old, an “old man” compared to 17 and 18-year-old-fellow draftees. In the army, he was a Specialist 5th class, an Electronic Repairman.

After the war, when he returned to his job in the prison, he experienced a prison riot and for the first time, realized the danger of being on the inside while a riot was going on. He transferred to the Parole Division and worked with drug addicts. Later, in 1972, he was again transferred to the U. S. Board of Parole in Washington, D. C.; he was in Middle Management, doing paperwork on difficult cases. Two years later, under President Carter's Administration, he was transferred to California, to the San Francisco Regional Office (located in Burlingame). Then, back to Washington as an Analyst; later, back to California as a Hearing Examiner.

He met his future wife, **Stephanie** while she was being introduced to the office staff. He was on the phone, but the minute he saw her, he knew that she was the woman he was going to marry. (His Dad had always told him that when he met the right girl, he would know it. And so it was.)

In April, 1977, they were married. When it was time to start a family, they adopted a one-day-old daughter, now 26 and living in Portland, Oregon.

Dan's last job before retirement at age 65 was with the Foster City Police Department, as a Community Service Officer, assisting police as a crime scene investigator. This was his “retirement job” and he said that he would work at it for 10 years only.

Dan's style of work, and in being in the world: treat everyone with respect. A parolee has paid his debt to society, and, unless he “messes up” has every right to become an upstanding citizen again. **Dan** has devoted his career to help accomplish this goal, sometimes with great difficulty, because, “Who would want to hire a felon?” He has had 42 years – “a great run” of rewarding work, and he has no regrets. His parting “words of wisdom”, instilled by “the most influential person in his life”, his early Scoutmaster, are: Every person has choices to make in life; if you choose to be a fair and honorable man, with a sense of justice, your reward will be to be able to have a good night's sleep, every night. You will then be an honorable person.

2010 GOLF SCHEDULES

DATE	Feb. 9	Feb. 16	Feb. 23	Mar. 2	Mar. 9	Mar. 16
COURSE	Earl Fry	Moffett Field	Poplar Creek	Sunnyvale	Santa Clara	Earl Fry
TIME	9:30	9:30	10:30	9:30	10:00	9:30

ACTIVITIES:

Chairman: **Dale McAfee, 583-2332**

GOLF: Dale McAfee, 583-2332

Scores: Jan. 5th, Sunnyvale,

Par 70: Zorb 90/67, Baney 98/68,

McAfee 92/69, Sparks 100/68. Jan. 12th

Moffett Field, Par 72: RAIN. Jan. 19th, Santa

Clara, Par 72: RAIN. Jan. 26th, Sharp Park, Par

72: RAIN. Feb. 2nd Sunnyvale, Par 70: Turner

101/70. CTP: Baney, Zorb. Feb. 9th, Earl Fry, Par 72:

CTP: Green, McAfee.



NEW MEMBERS:

#199 – William R. Brown – “Bill” and his wife, Mary Ann live at 15 Del Monte Place, San Mateo, 94403. Tel: 312-9460. Bus. Conn.: Business Representative – Local 39. Hobbies: Golf, Gardening, Woodworking. Sponsor: **Dennis Shreve**

NON-RESPONSIBILITY CLAUSE: All activities arranged for or by, or sponsored by SONS IN RETIREMENT INC., or its Branches are for the convenience and pleasure of the members and their guests who desire to participate. SONS IN RETIREMENT INC., and its Branches do not assume any responsibility for the well being or safety of the participants, or their property, in any manner pertaining to said activity.

BOWLING: George Zorb, 345-1264.

BOCCE BALL: Alvaro Bettucchi, 871-9278.

Starts the first week in April. Lessons on Wednesdays at 10AM and Thursdays at 6:30 PM. Courts are open to the public in the afternoons. On Saturday, April 23rd, they would like to have a 3 man SIRs team for a tournament. Talk to or see either **Dale** or **Alvaro**.

SUNSHINE CHAIRMAN: John Costa, 873-1705

MEMBERSHIP REPORT:

Chairman: **Bob Wilcenski, 992-1256**

ACTIVE MEMBERS: 151

INACTIVE MEMBERS: 22 (Bob Valdez)

NEW MEMBERS: Bill Brown

MEMBER ATTENDANCE: 87

GUESTS: 2

VISITOR: 1

MARCH BIRTHDAYS:

We have a total of **8** members who will be celebrating this month
Have a happy one!



Phil Camilleri, John Casaccia, Nick Elchinoff, James Mose, Earl Pero, Adi Petrocchi, Dick St.Denny, and Ed Wettstein.

✂ — CUT HERE — **COUPON** — ✂ — CUT HERE —

IF YOU CAN'T MAKE IT TO AN UPCOMING MEETING:

PHONE: Keith Barnes @ 588-8666 by the Thursday before the lunch date, but in any event, report a “no show” in advance. Circle the date(s) you can't come, insert your name and badge number, cut off this coupon and mail it to **Keith Barnes**, at 1 Greenwood Dr., SSF 94080. Underline reason: ***FAMILY EMERGENCY – MEDICAL – TRAVEL – PERSONAL***

Next meeting: **March 8, 2010**

Meeting after: **April 12, 2010**

After that: **May 10, 2010**

Name: _____ BadgeNo. _____

Contribution: _____

WORDS OF WISDOM:

By: **Andrew Carnegie**

“The way to become RICH is to put all your EGGS in one basket and then watch that basket.”

Happy New Year all of you Tigers!

VIGNETTE CORNER:

By: Midge Damonte

A friend who is a receptionist in a church in a high risk area was concerned about someone coming into the office Monday to rob them when they were counting the collection. She asked the local police department about using pepper spray and they recommended to her that she get a can of wasp spray instead.

The wasp spray, they told her, can shoot up to twenty feet away and is a lot more accurate, while with the pepper spray, they have to get too close to you and could over-power you. The wasp spray temporarily blinds an attacker until they can get to the hospital for an antidote. She keeps a can on her desk in the office and it doesn't attract attention from people like a can of pepper spray would. She also keeps one nearby at home for home protection.

On the heels of a break-in and beating that left an elderly woman in Toledo dead, self-defense experts have a tip that could save your life.

Mr. Glinka teaches self-defense to students at Sylvania Southview High School. For decades, he's suggested putting a can of wasp and hornet spray near your door or bed.

Glinka says, "This is better than anything I can teach them."

Glinka considers it inexpensive, easy to find, and more effective than mace or pepper spray. The cans typically shoot 20 to 30 feet; so if someone tries to break into your home, Glinka says "Spray

the culprit in the eyes." It's a tip he's given to students for decades.

That's going to give you a chance to call the police, maybe get out. --- Maybe even save a life.

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WINTER IN CALIFORNIA

By: K. Martz

Against brilliant azure skies
The leaves of the birches
Are changing right before our eyes.
From vibrant greens, it seems,
Yesterday, to varied golds, today.

Leaves are beginning to fall,
Carried on the winds
In a veritable shower,
A necessary autumn ritual:
The trees' loss of their summer bowers.

Liquidambars turning red,
Shades of pink to purple,
The air is crisp like a fine
And sparkling claret wine.
Who needs to go East for this splendor,
When right here in California,
We can see it through our windows?

And although we have no seasons here
We observe the subtle changes
Without freezing cold or snow.
We eagerly await returning robins
And delicately opening blossoms
Of spring's renewing harbingers.

